The different levels of online training using the Alarm Distress Baby Scale (ADBB)

HUMAGOGIE
B-Families

ADBB

Initiation Level
Introducing the concept of chronic relational withdrawal and screening and assessment tools
ADBB & M-ADBB scales

Choice of course depending the desired objectives and the people to be trained

2 online formats:

3-hour synchronous webinar for teams of more than 25 professionals (96 people maximum)

or 6 hours of asynchronous self-training (E-learning) with a forum for individuals
https://humagogie.fr/training-in-the-use-of-the-m-adbb-scale/

Advanced level
Using the M-ADBB & ADBB scales to detect and assess relational withdrawal in babies

In-depth online training (synchronous and asynchronous) of 65 hours with private certification to detect, assess and monitor the baby's level of relational withdrawal under intervention and clinical training.

https://humagogie.fr/alarm-distress-baby-scale-adbb-training/

Expert Level 1
Referent to support teams and parents in their use of the M-ADBB scale

A 20-hour advanced training course for M-ADBB scale referents to support teams in their use of the M-ADBB scale and communicate on the notion of relational withdrawal.

OBJECTIVES: Master the pedagogical skills needed to communicate comfortably on the notion of relational withdrawal and its evaluation within health and mental health networks.

Choice of courses or 2 depending on desired objectives

Expert Level 1 (in 2026)
Clinical training in the ADBB scale and video feedback for the management of relational withdrawal (1st-line intervention)

A 30-hour advanced training course for the management of relational withdrawal and the development of a therapeutic alliance with perinatal families

OBJECTIVES: To train healthcare professionals in the practical application of the ADBB scale and video feedback to identify and intervene early in cases of relational withdrawal in babies, while building a solid therapeutic alliance with families during the perinatal period.